

CCLC COMMUNICATIONS

INSIDE THIS ISSUE:

Q4 HIGHLIGHTS 1

DID YOU KNOW? 1

LEADERSHIP MESSAGE 2

HIGHLIGHTING... 2

TIPS AND TRICKS.. 2

OMEGA 3 TIPS

Yogurt-Oatmeal Parfait

It's no secret that oatmeal is a healthy start to the day, but did you know it doesn't have to be cooked? Layer this parfait the night before, then grab it *to go* the next morning.

1. In a reusable container with a lid, layer half of: the yogurt, oatmeal, fruit, nuts, flax and sweetener.
2. Repeat layers, ending with a sprinkling of flax seed.
3. Let sit at least 10 minutes, or overnight.
4. Serve

Q3 HIGHLIGHTS

Care Canada Learning Centre (CCLC) has progressed quite well in Q3 2010. Our major accomplishment includes the establishment and support for French-language based tutoring, expanding our tutoring services in the Mississauga and Milton area and offering group tutoring services for more collaborative learning sessions.

In late Q2, we streamlined and initiated French-language based tutoring. Although, in its early stages, our current students are taking advantage of the opportunity in the east end of the Greater Toronto Area.

Expanding services in the Mississauga and Milton has allowed us to invest in the diverse community in the Toronto west areas and we have received positive feedback on our core services to date. Our vision is to continue and increase our presence in the area by expanding our concentration in the elementary and post-secondary student population of the area.

Our group tutoring initiative has been met with great success and we welcome all to take advantage of our discounted prices and take a look at what we have to offer in our group-tutoring plan. Our commitment is to keep the groups within the 3—5 range. Experience shows any range above, does not provide the attention a student needs and defeats the purpose of personalized tutoring by recreating more of a class room environment. Equally likewise, those who are uncomfortably in a group surrounding, Care Canada is committed to offering a tutoring service which best fits your needs.

Care Canada continues to strive to meet people's needs and as a result we are constantly in the process of improving our services and customer satisfaction. Our major goal for 2011 involves being able to provide professional tutoring in individual and group like settings for professional certification exams such as PEng, GMAT, LSAT, PCAT, etc.

DID YOU KNOW?

1. The world's average school year is 200 days per year. In the US, it is 180 days; in Sweden 170 days, in Japan it is 243 days.
2. Air becomes liquid at about minus 190 degrees Celsius.
3. Amazon sells more e-books than printed books.
4. Most reverse charge calls takes place on Father's Day.
5. One in ten people in the world live on an island.
6. The opposite sides of a dice cube always add up to seven.
7. There are more than 100 million sheep in Australia, a nation of 21 million people.
8. New Zealand is home to 4 million people and 50 million sheep.
9. A compass does not point to the geographical North or South Pole, but to the magnetic poles.
10. The typical bolt of lightning heats the atmosphere to 50,000 degrees Fahrenheit.
11. In a desert, a mirage is caused when air near the ground is hotter than air higher up. As light from the sun passes from cooler to warmer air, it speeds up and is refracted upward, creating the image of water.
12. Hydrogen gas is the least dense substance in the world.

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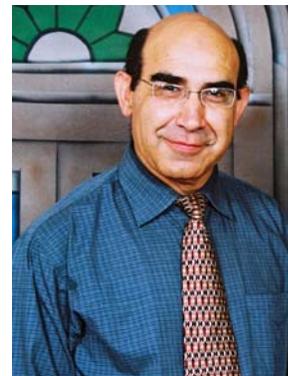
LEADERSHIP MESSAGE

We are proud to serve the community by providing professional tutoring services. Care Canada Learning Centre exists to help students. We believe in an innovative approach in teaching that helps students connect with the subject matter they need to master. Through personalized and focussed teaching processes, our students develop the tools they need for ongoing success in their fields of study. Our understanding is that we don't succeed

unless our students succeed. The centre is currently a sole proprietorship; however the business plans to change its organizational form to a Canadian based franchise as CCLC within the coming years. Although the centre has informally existed for ten years, it is now ready to concentrate on developing this business into a more efficient educational skills and career building centre of excellence. CCLC brings a

wealth of academic excellence as well as a proven record of tutoring.

I first began teaching at a large Community College. It was this experience that provided me with the insight that I enjoyed and excelled at tutoring. I see its growth as the result of collective efforts of our tutors, staff, and students. I thank all for working so hard and for providing referrals. I am proud of my enthusiastic and committed team.



Prof. Wasi Z Khan (PhD)

HIGHLIGHTING...

Philip Bustamante.

Philip Bustamante has been a lead tutor at our centre since 2009. He has helped multiple students achieve their learning goals by guiding them through the principles of learning the material by understanding the concepts, correcting their mistakes and practicing.

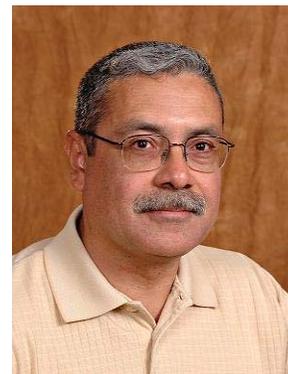
In his full time engagement, Philip is an Engineer and provides professional advice on

his projects that have an everlasting effect in the community in Ontario.

Philip travels a lot during his weekdays and en routes his trips home with the students he is engaged with.

Philip holds two Master degrees, one in Engineering and the other in Management Sciences; both from University of Waterloo, Ontario. He possesses over 20 years of

professional experience and enjoys teaching Mathematics and Physics. He believes that all learning consists in connecting what one already knows with the new information, so that it makes sense. Then, after one fully understands the new concepts, "practice makes it perfect!"



Mr. Philip Bustamante, MASc

TIPS AND TRICKS..

..to remembering concepts.

1. Do not study if you are very hungry or very full. That is, do not eat three burgers at once and then go to study because your brain and body will feel lazy, sleepy and you will lose your concentration.
2. Prepare the environment.

Make the atmosphere around you quite and peaceful.

3. Prepare your pencil, notebook and note cards.
4. Divide the work. For example if you have a 10 page chapter, divide the chapter into 3 or 4 sections.
5. Start reading the first five

pages as you are reading a story. While you are reading, highlight the main points of the paragraph or the page. Don't try to memorize any thing.

6. Go back to the first page or paragraph and take a look at the first highlight. Then read it out loud.
7. Concentrate, and repeat.

Math Trivia

You are given $n > 0$ of each of the standard denomination US coins: 1¢, 5¢, 10¢, 25¢, 50¢, \$1. What is the smallest n such that it is impossible to select n coins that make exactly a dollar?

Ans: The smallest number of coins with which it is impossible to make a dollar is 77.